





COVID-19 IN LITTLE CHALFONT –THE MONTHS AHEAD

Little Chalfont Good Neighbours
Little Chalfont Coronavirus Facebook Help Group

AS WE GO TO PRINT, THE NUMBER OF CORONAVIRUS CASES IN LITTLE CHALFONT AND THE CHILTERNS CONTINUES TO RISE AND, IF WE ARE GET ON TOP OF THE CORONAVIRUS OVER THE WINTER MONTHS, WE ALL NEED TO REDOUBLE OUR EFFORTS TO REDUCE TRANSMISSION.

OUR KEY MESSAGES

- More self-isolation may be inevitable and more of our residents will need help and support.
- More of our community may find themselves unemployed and face financial hardship.
- Many of our more vulnerable and isolated residents could be facing tougher times over the winter months and if so, will need more support.

HOW CAN WE HELP?

- The Good Neighbours and Facebook Help groups are boosting their numbers of volunteers, so that between them, help with shopping, prescription collection and friendly chats on the phone will be accessible to all needing assistance. If you are willing to be one of these volunteers please contact either of the two groups. (Contact details overleaf.)
- The Good Neighbours Group can also be contacted for additional help, as it has equipped itself with knowledge of where more extensive support can be found.
- Many of our roads have organised themselves to look after each other, particularly where there
 is a Neighbourhood Watch scheme in place. We ask that, if you have not done so already,
 please review what you have put in place, so that no-one who may need assistance misses out
 on the available support. (Regular contact is seen as a vital element of this support.)
- If you are in a road where there is no organised help, we would encourage you to consider setting up a Neighbourhood Watch – not just for Covid-19 reasons but for the benefits of closer neighbour contact in the future. (See 'poster' overleaf.)

DO YOU NEED HELP?

- o If you find yourself having to self-isolate, please let neighbours (or your road organisation) know, so that they can help. *Don't put yourself and others at risk*.
- Should you be reading this and need assistance of any sort, please do not be too proud to ask for help. Reliable, friendly and expert help is available, whether from within our community or from the many services set up within Buckinghamshire Council.

PRESCRIPTIONS from LITTLE CHALFONT PHARMACY

The pharmacy will continue to deliver prescriptions to:

- ✓ All age 80 or over
- ✓ Anyone vulnerable or self-isolating can request delivery by telephone (01494 762206) but on the understanding that same-day delivery cannot be guaranteed.

(Collection is also available using the groups mentioned above.)

CONTACT DETAILS

Little Chalfont Good Neighbours

By email: goodneighbours@littlechalfont.org.uk
By phone: 01494 762395 or 07788 412747

Little Chalfont Coronavirus Facebook Help Group

Via Website: https://itmadeeasy1.wixsite.com/lchelpme
By email: littlechalfontcoronavirushelp@gmail.com

By phone: 07597 843260

FLU JABS

To minimise the pressure on the NHS, having flu jabs will play a critical role and, within the roll-out arrangements set by the government, all are encouraged to have their jabs. We are aware that many are still waiting for appointments but both the Little Chalfont Surgery and the Pharmacy are experiencing supply problems. They ask for your patience and understanding.

CHILTERN FOODBANK – CHRISTMAS APPEAL

Our organisers of food donations from the village, **Catherine Kunzig Murphy** and **Jules Hargreaves** have arranged, in conjunction with the Chiltern Foodbank, three collection days in the coming weeks. We ask the community to rally to their cause and ensure that the foodbank can meet the expected increase in demand for food boxes from the Chiltern area, including Little Chalfont.

Dates: Saturday 14 November - Saturday 28 November - Saturday 5 December

Times: 9.00 am to 1.00 pm on all three dates

Where: In the centre of the village with 2 collection points. One gazebo on the verge opposite Tesco Express and a second in the front car park of Cytiva (opposite Chenies Parade).

NB The second gazebo has been arranged for those just driving to the village centre for the purpose of dropping off food donations – avoiding unnecessary congestion in Chenies Parade.

A list of items required for the Christmas hamper appeal, which are additional to the staple items, can be

found on the following sites: https://chiltern.foodbank.org.uk/give-help/donate-food/ https://www.facebook.com/groups/2824857304275688/

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http://www.littlechalfont.org.uk/

Cash Donations: These too will be welcomed and donations can be made online at: https://chiltern.foodbank.org.uk/give-help/donate-money/



