



## COVID-19 IN LITTLE CHALFONT – WHERE NEXT?

**Little Chalfont Coronavirus Facebook Help Group  
Little Chalfont Good Neighbours**

The Facebook Group is led by committed residents and Good Neighbours is sponsored and promoted by the Little Chalfont Community Association and Little Chalfont Parish Council.

**This leaflet has been prepared to provide our community with the assurance that whatever help is required in the coming months, it will still be available.**

**AS GOOD AS OUR RESPONSE HAS BEEN TO THE PANDEMIC (SEE ACCOMPANYING NEWSLETTER), THE NEED TO MINIMISE ANY TRANSMISSION OF THE VIRUS IN OUR VILLAGE REMAINS. RELAXATION OF LOCKDOWN RESTRICTIONS MAY BE ENCOURAGING BUT COVID-19 WILL BE WITH US FOR MANY MONTHS AND WE MUST CONTINUE TO PROTECT EACH OTHER AND ALL IN OUR COMMUNITY WHO ARE VULNERABLE AND AT HIGHER RISK.**

### Expected Priorities

1. Continued help with shopping, prescriptions and friendly chats on the phone.

With more people 'out and about' coupled with Test and Trace, there could well be increased self-isolation and the need for assistance. **Little Chalfont Good Neighbours** and the **Facebook Help Group** will still be there to assist.

2. A rise in unemployment leading to financial difficulties.

This could lead to a greater demand for food parcels and it is something with which our community can provide further help. **Many residents are already making food donations and overleaf, we set out the details of how more of us can join in.**

3. Helping ourselves and our neighbours with scams.

Sadly, there are too many scammers taking advantage of the pandemic. For instance, there are fake Covid-19 testing teams saying they they will visit your home, when the intention is to just gain access for other unlawful purposes; plus there are people pretending to be phoning as part of Test and Trace and offering a home testing kit for which they seek a charge (when it is free).

We cannot highlight all the scams but if contacted by someone you do not know, the contact is not expected or you are in any doubt whatsoever, refuse to get involved and talk to a friend, neighbour or either of our two groups.

### **News from Little Chalfont Pharmacy (McParlands)**

**The pharmacy has changed its policy for delivery of prescriptions and for details  
SEE PAGE 6 OF THE ACCOMPANYING COMMUNITY ASSOCIATION NEWSLETTER**

If you are looking for other assistance or services, you should not hesitate to contact

**Little Chalfont Good Neighbours**

The team may well be able to point you in the right direction

**PLEASE SEE OVER FOR: [Food donations - Contact details](#)**

## THE NEED FOR FOOD PARCELS AND FOOD DONATIONS

A collection of food donations has been in operation in our village over the last 3 months and many residents have responded magnificently. In most weeks, over 200kg of food items have been delivered to the Chiltern Food Bank in Chesham. This has been very well organised by **Catherine Kunzig Murphy and Jules Hargreaves** and the Food Bank has told us that, without the Little Chalfont donations, they would have been unable to meet the demand for food parcels, including deliveries to Little Chalfont. **Well done Catherine & Jules.**

### Looking forward

**It is expected that the need for food parcels could well increase even more in the coming months and with some signs of food donations dropping off, there is a need to continue and maybe even increase our generosity.**

### How we can help

- ✓ Deliver food and other essential donations to the **Scout Hut at the side of St Georges Church, White Lion Road – Thursdays between 10am and 12 noon.**
- ✓ Treat it as something that you could do on a regular basis (not necessarily every week) until the need is much reduced or even eliminated.
- ✓ Undertake an occasional collection from neighbours or even the whole of the road in which you live and deliver in bulk to the Scout Hut.
- ✓ If willing to donate food and other essentials but unable to personally drop them off at the designated time, perhaps ask a friend, neighbour or family member to do this for you. (As a back-up, you could email Catherine at [catherinekunzig@mac.com](mailto:catherinekunzig@mac.com) to see if other arrangements could be made.)
- ✓ As an alternative, you could donate funds to the Food Bank through its website: <https://chiltern.foodbank.org.uk/give-help/donate-money/>.
- ✓ Would you be prepared to be part of a team and perhaps, say once a month, make yourself available to be present at the scout hut for the 2 hours on a Thursday? This would be to receive the donations. If so, please email Catherine to let her know.
- ✓ You may also be willing to make the occasional journey to the Food Bank in Chesham to drop off the weekly donations, which would again be of help to Catherine and add to the team effort.

### Food requirements

**What are needed are long-life and non-perishable foods. We have insufficient room to list the standard items but what goes in a food parcel can be found at <https://chiltern.foodbank.org.uk/get-help/whats-in-a-food-parcel/> and for urgently needed items, go to <https://chiltern.foodbank.org.uk/give-help/donate-food/>**

### Those in need of a food parcel

At no time should any of our residents find themselves struggling to put food on the table and if either:

- a) You are reading this and need such help or
  - b) You know of someone who needs help and are able to advise them what to do
- .....the phone number to use is **01494 785660 – a dedicated line.**

### Contact details

#### Little Chalfont Good Neighbours

By email: [goodneighbours@littlechalfont.org.uk](mailto:goodneighbours@littlechalfont.org.uk)

By phone: 01494 762395 or 07788 412747

#### Little Chalfont Coronavirus Facebook Help Group

Via Website: <https://itmadeeasy1.wixsite.com/lchelpme>

By email: [littlechalfontcoronavirushelp@gmail.com](mailto:littlechalfontcoronavirushelp@gmail.com)

By phone: 07597 843260

**YOU MAY LIKE TO KEEP THIS LEAFLET FOR FUTURE REFERENCE  
(A copy is also available from [littlechalfont.org.uk](http://littlechalfont.org.uk))**